

OMG YOUTH SPORTS AND ENRICHMENT

Inspire. Achieve. Explore.

POWER OF MOVEMENT INCLUSIVE

**Their sport.
Their pace.**

1:1 • Semi-private • Small groups

All abilities. Ages 5-24.

Neurodivergent & neurotypical
participants welcome.



Learn the sport or movement skill your child wants to try.

Basketball • Volleyball • Swimming • Bike riding • And more

WE SERVE ALL OF CALIFORNIA

Monday-Friday • 9 AM-7 PM • Year-round

At home, school, a local park or gym

CHOOSE A SKILL. LEARN IT YOUR WAY.

01 Start with their interests

Choose a sport or skill your child wants to learn.

02 Build skills step by step

Adapted instruction, practice and encouragement.

03 Grow confidence & independence

Develop coordination, healthy habits and connection
through noncompetitive learning and play.

A PLAN THAT FITS YOUR CHILD

Required consultation / participation assessment: \$250

Explore interests, communication preferences and support needs.
Identify suitable activities, adaptations and coaching support.
Receive a participation plan and recommended session format.

Sessions starting at \$175/hour

1:1, semi-private & small-group sessions available.

RC / SDP MAY FUND THE \$250 CONSULTATION & SESSIONS

Individual approval required. Ask for our request form.

EMAIL TO SCHEDULE YOUR CONSULTATION
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